

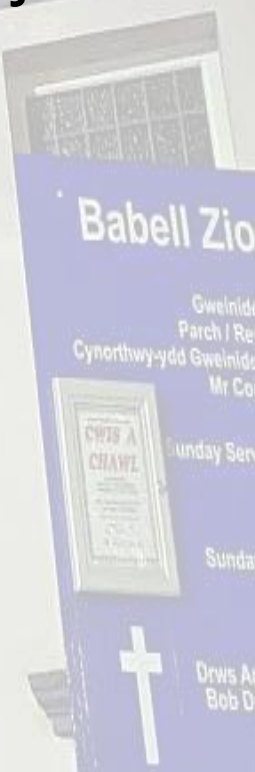
May/Mai 2026

Cylchlythyr/Newsletter

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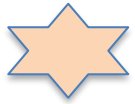
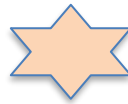
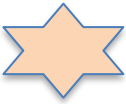
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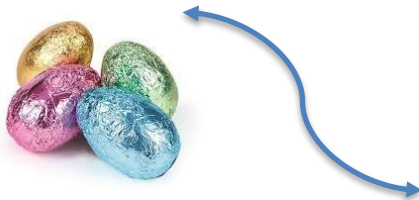




The children of the Sunday Club – including the big children!! – enjoying an evening at Xcel Bowls. Rounding off the evening with some well earned food.



A busy month for our Sunday Club as they took part in our Easter Sunday Service. Their favourite part was the traditional Easter Egg Hunt!



Shame the adults weren't allowed to participate too.



RECYCLE FOR GOOD CAUSES!

Do you have any old items cluttering up the home after Christmas?

Why not help us raise money for the chapel funds? The box is in the vestry and all donations will be gratefully received.

Items wanted:

- Old mobile phones, ipads, tablets or kindles (chargers etc are not essential)
- Cameras, sat navs or video cameras
- Jewellery, including watches (even if they are broken!)
- Used stamps and coins.

Welsh Lessons continue to be held on Thursday mornings with the group members practising their language skills when they have their coffee or stay for lunch. One participant sent this to Mike (who organised these classes)

"Thank you so much Mike for introducing us to Tina - she's an amazing teacher and it's such a lovely group of people."

Carey



Taith Gerdded Noddedig /Sponsored Walk

Llandeilo to Abergwili

In aid of Motor Neurone Disease.



Mike Shephard and Meurig are undertaking this walk on Saturday June 13th and will leaving Llandeilo at approx 9am.

If anyone is interested in joining them, either at the start of the walk, or at any point during the walk, please let Mike know. I know a few have already made arrangements to join in.

Also, please speak to either Mike or Meurig if you wish to sponsor them for this event.

WYTHNOS CYMORTH CRISTNOGOL



CHRISTIAN AID WEEK
10th - 17th May

Bilingual Christian Aid Week service
Tabernacle Chapel
Sunday, May 31st at 10.30



May's crafting - May 7th : Weaving with Linda
Join us and surprise yourself with what hidden talent you might have.



A LETTER TO PLANET EARTH FROM OUTER SPACE

Permit me, if you will, to introduce myself. My presence aboard Artemis II has not been publicised and, if the truth be told, it is unknown to the four astronauts manning the craft. I say 'manning' as though the crew were all male whereas Christina Koch is, of course, a woman. Her companions are Reid Wisman, Victor Glover and Jeremy Hansen and it can not be long before each of them will become a household name on Planet Earth. Can it really be some sixty years since humankind last flew around the moon or landed on its surface. I have been present on every space flight – albeit unrecognised with one cosmonaut, Yuri Gagarin, commenting that he had seen no sign of me on his journey. I do tend to keep a low profile. It's the way I am.

My purpose in writing is to underline what, I suspect, you already know. The photographic evidence, when all is said and done, speaks for itself.

But let me emphasise that the view from up here is, quite literally, *out of this world!*

I have experience of many worlds for there are billions of them in a universe that is without end. There are an awful lot of them in your Milky Way itself, but it will be many a long year before any member of your race visits them. You will one day. But not now. For the moment earth is your home, and such will be the case for the foreseeable future.

But what a stupendously beautiful planet is yours! You are so lucky to live there!

My vision is particularly good from 'up here' and I can see the dazzlingly blueness of earth's atmosphere which is reflected in those wonderful oceans that contain life in all its variety and vibrancy. I think those snow-capped peaks of your mountain ranges are truly lovely. I can see them giving birth, even now, to rivers that flow through varied landscapes until pouring their waters into seas to which, undoubtedly, you have given different names. I believe one of them is called Hormuz.

I see forests and woodland and grass covered slopes and, yes, more barren lands where it must be difficult to carve out a living. I know, though, that you have the capacity, technologically, to make the waste areas bloom again for how else could you have sent people to the moon and back?

Your cities are also visible to me and they, I am sure, mirror all the ups and downs of life on earth. I am aware of birth and death; laughter and tears; elation and heartbreak; and can sense every emotion experienced by those who live beneath *your* sun.

But I feel that you have the intelligence and compassion to make *your* home an *earthly* paradise where everyone can live together in peace and harmony and where none feel abandoned or alone.

My problem, dear children, is that I can see too much. That is the downside of being *up here*.

Only this evening I saw people on earth, who are brothers and sisters, firing missiles at each other in an attempt, seemingly, to silence the discordant voice or force their will on those with different viewpoints. My observations make me sad because some of you are obsessed with acquiring more of earth's land for yourselves and seek to dominate the other – at awful cost – to them – as well as to your world itself. From this height I can see explosions decimating your lovely home with consequences that could well threaten the future of children unborn.

I can hear angry voices – some of them religious voices. I sense hatred and anger and threats to kill. I see and hear too much but – there again – that is the price I pay for being – GOD.

My Dear Children who live on Planet Earth.

It is not too late for you to change things. It is not too late for you to learn how to live in peace.

You live in such a beautiful place. Please change before it is too late.

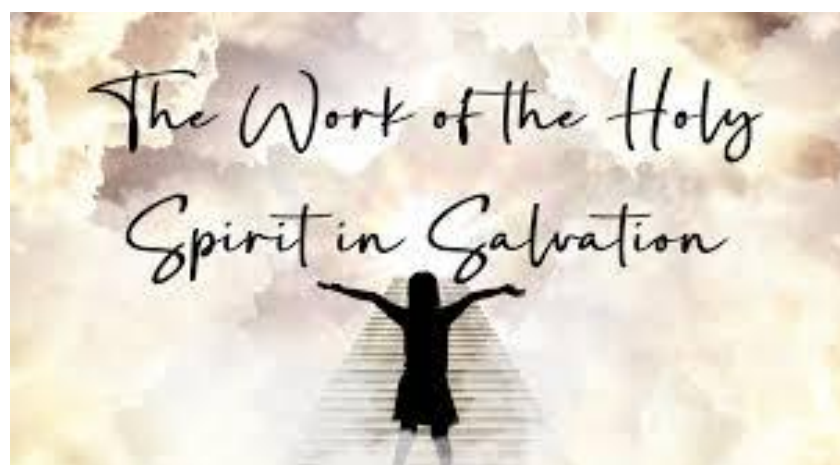
Mike Shephard ©



MAY DATES FOR YOUR DIARIES

Sunday May 10 th	CYMANFA GANU LLANFYNNYDD A'R GYLCH To celebrate 150 Years AT CAPEL NANTGAREDIG Children's Service @ 2pm Congregation @ 5pm	Conductor: Rev Wyn Maskell Artists: Helen Pugh Ffion Haf Côr Meibion Caerfyrddin
Tuesday May 19 th	Gofalaeth Caerfyrddin a Bancyfelin Y Gymdeithas COFIO ANN GRIFFITHS (1776 – 1805) i nodi 250 mlynedd ei geni FESTRI CAPEL HEOL AWST CAERFYRDDIN Am 2.00 yp	Darlithydd: Yr Athro E. Wyn James Gyda: Helen Gibbon Yn canu detholiad o emynau Ann Griffiths
Thursday 21 st May	Eglwys Bresbyteraidd Cymru Gŵyl Genhadol y De CAPEL BLAENANNERCH <i>ger Aberteifi De Ceredigion</i> Cyfarfod am 1:30 o'r gloch <i>Enwau i Helen cyn ynted ag y bo modd. Bydd bws yn cael ei drefni.</i>	Anerchir gan: Dr Eryn White (<i>Cyflwyniad i hanes Blaenannerch ac Evan Roberts</i>) Parchedig Geraint Morse (Cenhadaeth Heddiw) Yn Dilyn y cyfarfod darperir te yn y Festri. Bydd cyfle i weld Arddangosfa Evan Roberts

Sunday May 24th	PENTECOST 2026 GWASANAETH ECIWMENAIDD/ ECUMENICAL SERVICE St Peters Civic Hall Neuadd Ddinesig Sant Pedr Am 6 o'r gloch	
Sunday 31st May 	PERERINDOD I SOAR Y MYNYDD Bws wedi ei drefni Casglu Caerfyrddin – Llanddarog – Cross Hands Oedfa am 2 yp Rhowch eich enw erbyn 17eg Mai/ Names to be in by 17th May Pris ac amseroedd pan fydd mwy o amcan rhifau/ Price and times dependant on numbers	Dewch a pecyn bwyd (cinio) Swper yn New Cross Inn (ar ffordd adref) Bring packed lunch Calling on the way home at New Cross Inn for main meal.



Sunday Services/Gwasanaethau ar y Sul

Mrs Pat Morgan	10 am	03/05/26
Rev Emyr – Communion	10 am	10/05/26
Rev Mike Shephard	10 am	17/05/26
Rev Emyr	2 pm	24/05/26
Oedfa Undebol yn Soar y Mynydd	2pm	31/05/26
Mr Clyde Briggs	10 am	07/06/26

Friendship Centre Rota

07/05/26 *	Maisie & Rosemary
14/05/26	Pat & Carole
21/05/26	Tina & Kevin
28/05/26	Helen & Siân
4/06/26 *	Maisie & Rosemary
11/06/26	Pat & Carole

* We will be running a craft session during Friendship Centre on these dates where you will be given the opportunity to try out different forms of craft. Please come and join us.

	Flowers/Blodau	Cleaning/Glanhau	Announcing and Communion/ Cyhoeddi a Pharatoi'r Cymun
May	Rosemary Kerr	Rosemary & Nelda	Helen Gibbon
June	Sian Cassell	Owen & Kim	Meurig Rees
July	Sian Cassell	Pat & Doreen	Sian Cassell

Dates for the Calendar

Singalong Tuesdays:	May 5th	Babell
	May 19 th	Plasydderwen
	June 2nd	Babell
	June 16th	Towy Castle

	The group of singers from Babell have been booked to sing at an event organised by The Stroke Society in aid of Cwlwm Monduli. This will be on Saturday May 16 th from 10 am. All are welcome to join us.
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Next Elders' Meeting: Tuesday June 30th @ 10 am

Have you any news or items for the newsletter? Please forward to Carole at carolerees4@gmail.com
or Helen at helengibbon1@btinternet.com